

Get the most out of your account with this list of eligible expenses

This is not a complete list but rather represents common eligible expenses. The Internal Revenue Service (IRS) publishes information on FSAs, HSAs, and eligible expenses at [irs.gov](https://www.irs.gov). If you have questions about an expense please contact us at 210-659-8100. It is important to note that the IRS decides which expenses are eligible and can change this list at any time.

Easy to Reimburse!

The following commonly incurred expenses are considered eligible by the IRS:

- ▶ Acne Treatments
- ▶ Anti-Itch Creams/Antibiotic Ointments
- ▶ Eye Drops
- ▶ Acupuncture/Acupressure
- ▶ Allergy Medications
- ▶ Ambulance
- ▶ Antacids/Acid Controllers
- ▶ Artificial Limbs/Teeth
- ▶ Arch Supports
- ▶ Asthma Treatments
- ▶ Baby Rash Ointments
- ▶ Bandages
- ▶ Birthing Classes
- ▶ Birth Control Drugs/Devices
- ▶ Blood Pressure Monitors
- ▶ Blood Sugar Test Kits
- ▶ Braces/Supports
- ▶ Breast Pumps
- ▶ Cane (Walking)
- ▶ Cast Covers
- ▶ Catheters
- ▶ Chiropractor
- ▶ Co-Pays
- ▶ Cold/Hot Packs
- ▶ Condoms
- ▶ Contact Lenses
- ▶ Contact Lense Solution
- ▶ Counseling
- ▶ Crowns, dental
- ▶ Crutches
- ▶ Dental treatments including X-rays, cleanings, fillings, braces, and tooth removals
- ▶ Dentures including adhesives and cleaners
- ▶ Diabetic Supplies
- ▶ Drug Prescriptions
- ▶ Elastic Wraps
- ▶ Eyeglasses and Vision Screening
- ▶ Emergency Contraceptive Pill
- ▶ Fertility Treatments
- ▶ First Aid Kits
- ▶ Flavoring for Medication
- ▶ Flu Shots
- ▶ Gauze Pads
- ▶ Hemorrhoid Treatments
- ▶ Hearing Aids including batteries
- ▶ Health Screenings
- ▶ Hospital Services
- ▶ Immunizations
- ▶ Incontinence Supplies
- ▶ Insulin
- ▶ Lab Fees
- ▶ Lactose Intolerance Supplies
- ▶ Lice Treatments
- ▶ Lasik
- ▶ Menstrual Products*
- ▶ Midwives
- ▶ Motion Sickness Medications
- ▶ Neti Pots
- ▶ Occupational Therapy
- ▶ Orthodontia
- ▶ Ostomy Products
- ▶ Pain Relievers
- ▶ Prescription Drugs
- ▶ Physical Therapy
- ▶ Pregnancy Tests
- ▶ Physical Therapy
- ▶ Psychiatric Care
- ▶ Reading Glasses
- ▶ Sleep Aids
- ▶ Speech Therapy
- ▶ Stomach Remedies
- ▶ Stop-Smoking Programs
- ▶ Sunscreen
- ▶ Surgery (excludes cosmetic)
- ▶ Sterilization Procedures/Reversal
- ▶ Thermometers
- ▶ Throat Lozenges
- ▶ Walkers
- ▶ Wheelchairs

*Menstrual care products are defined as tampon, pad, liner, cup, sponge, or similar product used by individuals with respect to menstruation.

Note: A Health Savings Account (HSA) also allows for reimbursement of Long Term Care, Medicare Premiums, and COBRA Premiums

Letter of Medical Necessity Required

Below is a list of commonly questioned expenses that may qualify for reimbursement with a Letter of Medical Necessity (LOMN) from a physician:

A LOMN must meet specific criteria. View our form at proficientbenefits.com > then click on Forms and Resources or contact us by phone for more information.

- ▶ Air Purifier
- ▶ Baby Formula
- ▶ Companion Animals including guide dogs
- ▶ Egg Donor Fees
- ▶ Egg Storage Fees
- ▶ Genetic Testing
- ▶ Hormone Replacement Therapy
- ▶ Humidifier
- ▶ In-Vitro Fertilization
- ▶ Massage Therapy
- ▶ Multivitamins
- ▶ Nutritionist
- ▶ Orthopedic Shoes
- ▶ Reflexology
- ▶ Safety Glasses
- ▶ Weight-Loss Programs/Surgery/Medication